

Surabee Mahila Mandali®

Surabee Old Age Home

Rane Building Near Bus Stop Siddar, Tq: Karwar,
Dist : Uttar Kannada- 581339.

KITCHEN ROOM



STORE ROOM



FOOD MENU

SL No.	Week	7.30 AM	9.30AM	1.30PM	4.00PM	8.30PM
1	Sun	Tea + Biscuit	Idli+Sambar +Chatney	Rice+ Sambar+Bhaji	Tea	Rice+ Sambar+Bhaji
2	Mon	Tea + Biscuit	Veg Palav Rice	Rice+Rasam+ Moong Bean Bhaji+ Kheer	Tea	Chapati+Rice+Rasam+ Moong Bean Bhaji
3	Tues	Tea + Biscuit	Uppittu	Chapati+ Rice+ Daal+ Chana Bhaji	Tea	Chapati+ Rice+ Daal+ Chana Bhaji
4	Wed	Tea + Biscuit	Chitranna	Chapati+Rice+Daal+ Green peas Bhaji	Tea	Chapati+Rice+Fish Daal+ Vegetable Bhaji
5	Thur	Tea + Biscuit	Shavige	Chapati+Rice+Rasam+ Beans Bhaji	Tea	Chapati+ Rice+ Rasam+ Brinjal Bhaji
6	Fri	Tea + Biscuit	Uppittu	Chapati +Rice +Daa l+ Horsegram beans Bhaji	Tea	Chapati+ Rice+ Daal+ Beet Bhaji
7	Sat	Tea + Biscuit	Poha	Chapati+Rice+Daal+ Moong Bhaji	Tea	Chapati+ Rice+ Moong Sambar+ Cabbage Bhaji